

等一下就要考試了，一到校門口，爸爸叮嚀我要仔細檢查考卷；到了教室裡，看到坐我旁邊的同學不斷在紙上作練習，我前面的同學一直複習著老師畫重點的習作，而後面的人卻完全在發呆，大家不安的心情宛如貓咪被小狗逼到牆角一樣害怕。

回想起考前複習的那一周，首先，老師要我們拿出螢光筆把考試重點畫下來，希望我們能熟背起來，這樣比較容易了解課文的內容；放學後一到安親班，老師叮嚀我們拿出題本，把錯誤的地方看一次，也把不會的地方看清楚，老師還要我們背下來，這樣對題目才會更熟練。

考試時，有的人在東張西望，伸長脖子想看別人的答案，想讓自己變成像長頸鹿一樣的長脖子；有的人專心看著考卷上的題目，擺出俐落的動作在寫答案，就像厲害的神射手一樣有自信。還有的人不想寫，一邊生氣，一邊甩著筆，就像隻憤怒的野牛一樣，自己對自己生悶氣；而我非常認真的想著一件事，就是想考全班第一名。

這次的考試，我不僅考得很高分，而且還讓媽媽很開心，也讓我體驗到考試前複習的重要，跟緊張的心情，現在考完試了，我的心情也變得輕鬆了許多。

寒假旅行

303 林玲

今年寒假旅行我們要去香港，香港行程中有我最喜歡的迪士尼，最特別的是外婆也會和我們一起去。

旅行中我們搭了飛機、船、巴士、快鐵和地鐵。雖然香港小小的，可是我們卻花了很多時間在交通上。我最喜歡的是搭船，因為搭船很像在盪鞦韆。

最後兩天天氣很冷，我們受著冷，可是心裡卻很開心。我們玩遍了大大小小的遊戲，有可愛的、可怕的、好看的、好玩的、開心的。迪士尼真的很好玩，美中不足的是東西不好吃。

每次放假，媽媽都會帶我出去看看世界，媽媽說：「你是幸福的小孩子，應該要珍惜。」期待暑假快來，媽媽又帶我去哪裡玩？

How to Give a Speech

303 李采捷

In polls taken around the world asking people what they are most afraid of, the answer is always the same - speaking in public. In North America, South America, Europe, Africa and Asia, People say giving a speech is their biggest fear. Therefore, if you u feel nervous and afraid when you have to give a speech, don' t worry! These feelings are normal. The majority people on Earth feel the same way. There are a few things you can do, however, the will make you feel less nervous and scared, and help you give a great speech.

The first rule: Know your speech, this is a golden rule. Practice makes perfect. There are no shortcuts. Practice is many times until you can memorize your speech perfectly, this confidence will shoe during the speech.

The second rule: Maintain eye contact - Scan the audience, make sure each person dell you are talking to him or her. There are a few things you can do and can' t

- A. Divide the audience in to six part
- B. Slowly scan from part to part. Don' t Just stare straight ahead.
- C. Try to make eye contact with everyone
- D. Don' t look ceiling or floor
- E. Don' t only talk to one or two people

The third rule: Maintain Good Posture-Stand up straight, but not like you' re in the army.

- A. Don' t rock
- B. Don' t put your hand in your pockets
- C. Don' t try to be small
- D. Don' t walk around too much
- E. Feet balanced and comfortable

The final rule: Vary your voice. Don' t be a robot.

- A. Speed-sometimes fast, sometimes slow
- B. Volume-sometime loud, sometimes quiet.
- C. Pitch - sometimes high, sometimes low
- D. Pauses- use longer pauses to make the audience think or wait